HOW TO
INFLATION-PROOF YOUR FINANCES

Inflation-Proof Basics

- Protect your purchasing power
- Adjust spending as prices rise
- Stay flexible with your plan

Quick Spending Wins

- Cancel unused subscriptions
- Shop with a list
- Compare prices before buying

Make Your Money Work

- Use high-yield savings
- Contribute to retirement
- Focus on long-term growth

Take Action This Week

- Cut 1 category by 10%
- Automate savings transfer
- Build the habit